

TIME WITHOUT CLOCKS

When does
your body want to
move, work, rest,
play, and dream?

How much of each day would you choose to spend outdoors in natural daylight? And how much would you choose to spend staring at a screen? The atemporal event Time Without Clocks, curated by artist Helga Schmid, invites you to step inside, tune in, time out, and awaken to a clockless world.

There are no rigid schedules here. Instead, you are encouraged to move through the space according to your own internal pacing, the patterns of nature, and our collective rhythms.

Use this space to discover when your mind naturally seeks alertness, reflection, or rest. By protecting space for slowness, pauses, and even naps, this event opens a window to rethink how we live and experience time.

This program runs alongside the exhibition Lighten Up! On Biology and Time, which features 15 contemporary artists exploring the deep, unbreakable connection of living beings to the cyclical dance of day and night.